

# TOM CHAPIN

## The Incredible Flexible You Credits

Words and Music by Tom Chapin and Phil Galdston

Produced by Phil Galdston and Tom Chapin

Recorded and Mixed by: **Phil Galdston** at East Wing, New York

Mastered by: **Dom Maita** at Airshow Mastering, Boulder

### MUSICIANS:

**Tom Chapin:** lead and backing vocals, guitars, banjo

**Phil Galdston:** keyboards, programming

**Bernd Schoenhart:** guitars

**Andy Snitzer:** saxophones

**Neal Coomer, Abigail Chapin, Lily Chapin, Lucy Woodward:**  
backing vocals

**Henry Carver, Eliana Graham, Adam Krinsky,**

**Lena Molyneaux, Skye Tarshis:** Kids' Choir

### SPECIAL GUESTS:

**Marc Copely:** guitars, *My Own Detective*

**Sierra Noble:** fiddle, *You Can Bend*

**Nile Rodgers:** guitar, *Show Me What You're Feeling*

**Lucy Woodward:** vocal, *In the Group*

Art Direction/Photography/Illustration: **Tom Chapin**

Photos: **Abigail Chapin, Lily Chapin, Molly Galdston**

Production Assistance: **Claudia Libowitz, Alex Navarro,**  
**Anna Paddock, A.J. Smith**

**Thanks to:** Bonnie Chapin, Nancy Tarshis, Ryan Hendrix,  
Kari Palmer, Michelle Garcia Winner, Pam Crooke, Veronica  
Zysk, and all the musicians who joined us on the adventure.

The Chapin Sisters appear courtesy of Lake Bottom Records

Sierra Noble appears courtesy of Decca Records

Andy Snitzer appears courtesy of Native Language Music

Lucy Woodward appears courtesy of Verve Records

**TOM CHAPIN** is a three-time GRAMMY® Award-winning singer / songwriter / guitarist. In addition to his



work as a recording artist and concert performer, Chapin has acted on Broadway and worked extensively in television, radio and films.

**PHIL GALDSTON** is a GRAMMY®-nominated songwriter / producer whose work has been performed by a remarkable range of artists on nearly 70 million records and in countless



films and TV shows. He is a member of the faculty of New York University, the first Faculty Songwriter-in-Residence in the school's history, and an advocate

for creators

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### **The Incredible Flexible You™**

lyrics are based on the principles of Social Thinking®, a unique method of facilitating social learning from preschool through the adult years. Social Thinking provides strategies and tools for us to better connect to our own and others' perspectives and emotions, helping to improve social interactions. Each song (except "You Can Bend," which concludes the album) is linked to a storybook. You'll find the title of the appropriate storybook at the bottom of each lyric.

To find out more about this exciting teaching framework, please visit



## SUNDANCE MUSIC

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